

The **2022** CESNUR Conference



Bienvenue à l'Université Laval !



- Practical Information –

COVID-19

To come to Canada, you must be fully vaccinated with a vaccine accredited by Health Canada. You can consult the sites below to validate the required standards. If you are not vaccinated, have not received an accredited vaccine or combination of vaccines, even if you have contracted COVID-19, you will not be able to come to Canada. These are the current standards, which are changing rapidly over time. By following the information linked below, you should be able to validate if this information changes by the time you plan to arrive in Canada.

Government of Canada/Travel COVID

Laval University/COVID-19

How to get to Quebec City

It is possible to get to the city by plane through the Québec City Jean-Lesage International Airport, or by train through the VIA Rail Sainte-Foy Train Station or by bus through the Sainte-Foy Bus Terminal.

Transportation from the Québec City Jean-Lesage International Airport

Upon arrival at the Québec City Jean Lesage International Airport, you have the option to take a taxi to get to Université Laval (about \$30).

You can also take the RTC (Réseau de Transport de la Capitale) bus number 76 for \$3.50 (provide the exact change). This trip will be offered every 30 minutes from 5am to 11pm. When you board the bus, ask the driver for a transfer ticket and get off at the Sainte-Foy bus station. From there, you can board a bus number 800 (heading to Beauport) or 801 (heading to Charlesbourg). These buses run at a high frequency throughout the day and will take you to Laval University.

Schedule and map of bus 76

Transportation from the VIA Rail Sainte-Foy Train Station

You have the option to take a taxi to get to Université Laval (about \$15).

A partnership between VIA Rail Canada and Réseau de transport de la Capitale (RTC) improve service and add options for travellers. RTC route 13 now serves Sainte-Foy station. The schedule of the bus 13 was adjusted with the arrival/departure of several VIA trains.

Schedule and map of bus 13

Transportation from the Sainte-Foy Bus Terminal

From the Sainte-Foy bus terminal, you can take a taxi to Laval University for about \$12. A city bus is another option. We suggest the Métrobus 800 or 801. You can buy city bus tickets at the Sainte-Foy bus terminal convenience store (\$3,50 in exact change). Travel time is about 10 minutes.

How to get to Université Laval from Montreal

To get to Université Laval from Montreal, you can take the train or the bus. There are two bus terminals and two train stations in Quebec City. They both have a location downtown and in Sainte-Foy, closer to the university.

Direct transportation from Montréal-Trudeau Airport

<u>Orléans Express</u> offers seven direct daily motor coach departures for Quebec City and Sainte-Foy from the Montréal-Trudeau Airport.

You can also take a Montreal city bus, the <u>747 Express</u>, from the airport to downtown Montreal. It makes eight stops including one at Gare d'autocars de Montreal and another at René-Lévesque and Mansfield near Montreal's Central Station (VIA Rail Canada, train).

Air France and KLM passengers can take a shuttle this company provides to go to Quebec City. For more information, contact <u>Air France</u>.

From downtown Montreal

From Gare d'autocars de Montreal, you can take an <u>Orléans Express</u> coach to Quebec City or Sainte-Foy (closer to university). Departures are every hour on the hour from 6 a.m. to 11 p.m.

From Montreal's Central Station, <u>Via Rail</u> Canada offers 5 departures daily for Quebec City and Sainte-Foy.

From the Sainte-Foy bus terminal and train station to the Université Laval campus

From the Sainte-Foy bus terminal, you can take a taxi to Laval University for about \$12. A city bus is another option. We suggest the <u>Métrobus 800 or 801</u>. You can buy city bus tickets at the Ste-Foy bus terminal convenience store (\$3,50 in exact change). Travel time is about 10 minutes.

From the Sainte-Foy train station, taxi fare to Université Laval is about \$15.

Accommodation

Hotels



Hotel accommodation closest to the University, is <u>Hotel Universel Quebec</u>. You can have a room for \$129 + tax / night in single and double occupancy, without breakfast included in pricing.

Nearby hotels (2-3 km) also available on Boulevard Laurier road. Quebec City is a booming city for tourism and is full of hotels for all pockets. You will easily find a large choice on <u>booking.com</u> and other similar Web sites.

Housing on campus

Our four residences are only a few steps from the campus conference buildings.

Standard University Room (shared bathroom)

These rooms have two single beds and feature all the amenities usually available in hotels or bed linen and towels, shampoo and soap, parking included, free wireless internet access and free local calls.

Rates: \$ 50.25 + taxes in single occupancy and \$ 71.25 + taxes in double occupancy (*Breakfast is include)

Superior University Room (private bathroom) (available year round)

These rooms are equipped with a bathroom, a Queens bed, a TV, a microwave oven, refrigerator and telephone. They usually have all the amenities offered by hotels or bed linen and towels, shampoo and soap, parking included, free wireless internet access and free local calls.

Rates : \$93 + taxes in single occupancy or double occupancy (*Breakfast is include)

You can find more information about our service if you click on this link:

https://www.residences.ulaval.ca/en/short-term-accommodations/short-term-accommodations-rooms/

To reserve, use the following form and select the proper event in the scrolling list at the end:

CESNUR 2022 - Event #311839

https://www.residences.ulaval.ca/en/short-term-accommodations/conventions-and-conferences/

For information, contact us directly at 418-656-5632 or by email and mention the name of the event.

Université Laval

Université Laval is a French-language, public research university in Quebec City, Quebec, Canada. The University was founded by royal charter issued by Queen Victoria in 1852, with roots in the founding of the Séminaire de Québec in 1663 by François de Montmorency-Laval, making it the oldest centre of higher education in Canada and the first North American institution to offer higher education in French. The university, whose campus was erected from the 1950s onward in the suburban borough of Sainte-Foy–Sillery–Cap-Rouge, is ranked among the top 10 Canadian universities in terms of research funding and holds 4 Canada Excellence Research Chairs. Like most institutions in Quebec, the name (Université Laval) is not translated in English.

Today's campus covers 1.2 km₂ (0.46 sq mi) and has over 30 buildings (also called pavillons), including many iconic exemplars of modern architecture. Its earliest buildings and landscapes were designed by

Edouard Fiset (fr) from the 1950s, and of its lands, 56 percent are wooded areas, grasslands, and sports fields.

The conference will be held, at Pavillon La Laurentienne (number 26 on the map).

Field trip

The field trip on June 18 will explore the religious traditions of the Hurons-Wendats, a large First Nation Iroquoian-speaking population.

Buses leave from the Pavillon La Laurentienne (1030 Avenue du Séminaire) at 9.30 a.m, to visit a Wendat (Huron) settlement. The Wendat representatives will guide us to visit a reconstructed traditional village and to discover their culture and religion. After a traditional Wendat meal, based on bison meat (vegetarian option available), we will return to Quebec City in the late afternoon.



SPIRITUAL PACKAGE

PURIFICATION

In our customs, before a social or political assembly, to make sure of the good attention of all, we had, in a seashell, to burn sacred plants. This allowed to remove all the negative elements to keep only the positives.

GUIDED TOUR (With a tour guide wearing the traditional apparel)

Visit the Yänonhchia', the long house, presentation on the traditional way of life and the social organization at the arrival of the Europeans. Methods of preserving food (smoker and meat dryer). Reminder of the means of transport of the time. Initiation to the spiritual life of the Huron–Wendat people. Sweat lodge and medicine of our ancestors. Giant Tipi, discovery of different nations and current situation of Huron–Wendat Nation.





THE SPIRITUALITY OF THE HURONS

The explanation of the conception of the divine, myth of the creation of the world, explanation of the importance of legends in the Native world. You will also learn about monotheism and animism and its daily repercussions, circular thinking, the conception of the world of death, life after death and reincarnation. And finally, you will learn more about the lunar calendar and its importance in spirituality.





TRADITIONAL MEAL

NEK8ARRE ritual (Menu presentation by the Clan mother)

Menu « Wapiti kebab »

- » Traditional soup served with bannock (Native bread).
- » Wapiti kebab in sauce accompanied with wild and white rice and seasonal vegetables.
- >> Home cake served with a savoury maple sauce. Wild tea.

MEDICINE POUCH

Explanations of sacred objects, such as: tam-tam, rattle, different plants, and many others. You will have the choice between several objects or plants to fill your medicine pouch. We will then do the purification of your medicine pouch.

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